

Subject	Subject	PE
Group	Set	1-4

Curriculum Map

	Term	Aut 1 or 2	Unit	1	Term	Aut 1 or 2	Unit	2	Term	Spr 1 or 2	Unit	3	Term	Spr 1 or 2	Unit	4	Term	Sum 1	Unit	5	Term	Sum 2	Unit	6 & 7	Assessment
Unit Title	Netball				Table Tennis Fundamentals/ Handball Fundamentals				Gymnastics Fundamentals				Rugby Fundamentals				Athletics Fundamentals				OAA & Striking and Fielding (1)				Understanding of Components of Fitness and connections to Sports and Physical Activities. Identification of key muscle groups and bones. Understanding of Health, Fitness and Wellbeing. Rules and regulations of activities taught.
Sequencing: knowledge & skills	Introducing skills of sending and receiving the ball using a range of passes, footwork, dodging and shooting. Learning how to perform these skills in isolation, conditioned practices and game situations. Introducing tactical awareness of selecting and applying the best pass & dodge to use in different situations. Introducing the basic rules & positions of netball. Learning how to warm up effectively for Netball and why this is important. Learning the components of fitness (AQA)				Introducing skills of pushes, drives, serves with the ball under control. Learning basic body positioning in games with the use of forehand and backhand. Starting to select shots and placement of shots to outwit an opponent. Introducing how to perform spins. Introducing how attack and defend. Applying the components of fitness to sports activities.				Introduce basic gymnastics skills (balance, flight, develop key choreographic skills through creating a 1 minute paired routine). Learn the main muscle groups of the body.				Introducing skills passing and moving with the ball under control. Learning how to run the ball against a defender. Introducing skills of passing and outwitting an opponent. Starting to select passes and right options to keep possession in small sided games. Introducing how to perform tackles within rugby. Introducing how attack and defend as a team. Learn the key bones of the body.				Introduce Runs, Jumps & Throws. Learning how to generate power to improve all three. Introducing measuring skills. Understand the definitions and importance of health and fitness.				Exploring different ways to throw in striking and fielding games. Applying an effective batting and bowling technique. Applying effective rules and tactics into a modified game situation. Exploring different ways to field and apply tactics effectively in a game. Take part in outdoor and adventurous activities which present intellectual and physical challenges and be encouraged to work in a team, building on trust and developing skills to solve problems, either individually or as a group. Give key benefits of having a good diet and being well hydrated for health and for performance in physical activity.				
Literacy & reading	Key Terms: Pass, Footwork, Dodge, Shoot, Obstruction, Contact emphasis on correct grammatical use and spelling & Oracy Plenary				Key Terms: Shoot emphasis on correct grammatical use and spelling & Oracy Plenary				Key Terms: Planes, Axis, Flexibility, Pike, Straddle, Tuck, emphasis on correct grammatical use and spelling & Oracy Plenary				Keywords: Attack, Defend, Tactics, Positioning, Tackle correct grammatical use and spelling & Oracy Plenary				Keywords: Power, Strength, Throw, Sling, Push, Pull, Reaction time, pacing, accelerate, stamina, speed emphasis on correct grammatical use and spelling & Oracy Plenary				Keywords: Long barrier, batsman, caught out, bases, bowling, fielding, batting. Pull emphasis on correct grammatical use and spelling & Oracy Plenary				
Differentiation for MA & LA	MA: Apply basic rules in mini games independently LA: learn specific terminology and basic rules				MA: Apply basic rules in mini games independently LA: learn specific terminology and basic rules				LA: Able to practice basic shapes and movements in isolation MA: Can link complex shapes and routines together to create a performance.				MA: Apply basic rules in mini games independently LA: learn specific terminology and basic rules				MA: Apply basic rules in competitive scenarios LA: learn specific terminology and basic rules				MA: Apply basic rules in mini games independently LA: learn specific terminology and basic rules				
Enrichment & cultural refs	Extra-curricular clubs. England Netball - Commonwealth winners 2019, World cup finalists 2023. England Thorns Men's team (Men's game improving).				Extra-curricular clubs.				Links to external clubs				Links to external clubs - additional studies option.				Opportunity to take part in extra-curricular clubs and Running clubs externally.				Opportunity to take part in extra-curricular clubs. DoE at KS4.				
British Vals & SMSC	Rule of law - learning about the specific rules associated with Netball and team sports.				Mutual Respect and tolerance - differing abilities opportunity to develop leadership to improve others outcomes.				Individual Liberty - Creating routines tailored to your own level.				Mutual Respect and tolerance - differing abilities opportunity to develop leadership to improve others outcomes.				Individual Liberty - improving your personal bests.				Mutual Respect and tolerance - demonstrated in house competitions.				
Personal Devt	Opportunities for training and matches at KS3 Netball club				Opportunities for training and matches at Table Tennis club				Develop confidence in performing a routine in front of an audience.				Discovery or interests and talents.				Improve confidence and resilience (performance skills) and Discovery of interests and talents.				Improve confidence and resilience (performance skills) and Discovery of interests and talents.				
Careers	Athlete, Coach, Referee, Sports Analyst, Physiotherapist, Sports Development officer, PE teacher.				Athlete, Coach, Referee, Sports Analyst, Physiotherapist, Sp				Athlete, Coach, Referee, Sports Analyst, Physiotherapist, Sports Development				Athlete, Coach, Referee, Sports Analyst, Physiotherapist, Sports Development				Athlete, Coach, Referee, Sports Analyst, Physiotherapist, Sports Development				Athlete, Coach, Referee, Sports Analyst, Physiotherapist, Sports Development				

	Term	Aut 1 or 2	Unit	8	Term	Aut 1 or 2	Unit	9	Term	Spr 1 or 2	Unit	10	Term	Spr 1 or 2	Unit	11	Term	Sum 1	Unit	12	Term	Sum 2	Unit	13	Assessment
Unit Title	Netball				Football				Gymnastics				Rugby				Athletics				OAA & Striking and Fielding (2)				Understanding of Components of Fitness and connections to Sports and Physical Activities. Identification of key muscle groups and bones. Understanding of Health, Fitness and Wellbeing. Rules and regulations of activities taught.
Sequencing: knowledge & skills	Identifying the correct application of skills of sending and receiving the ball using a range of passes, footwork, dodging and shooting. Developing the understanding how to perform these skills in isolation, conditioned practices and game situations. Encouraging the use of tactical awareness of selecting and applying the best pass & dodge to use in different situations. Reviewing the basic rules & positions of netball how to warm up effectively for Netball and why this is important. Applying the components of fitness to sporting activities				Identifying the correct application of skills of dribbling and moving with the ball under control. Developing the understanding of how to dribble against a defender. Developing skill level regarding control/receiving using various parts of the body. Encouraging student decision making - passes and right options to keep possession in small sided games. Developing skill level in tackling. Developing defensive strategies and tactics in teams. Developing skill level in shooting. Recapping components of fitness and discuss the key phases and benefits of a warm-up and cool down.				Review basic gymnastics skills (balance, flight, develop key choreographic skills through creating a 1 minute paired routine). Recap key muscle groups, learn the connective tissues and joints of the body.				Recapping skills passing and moving with the ball under control. Recapping how to run the ball against a defender. Developing skills of passing and outwitting an opponent. Encouraging the use of decision making to select passes and right options to keep possession in small sided games. Recapping how to perform tackles within rugby and applying in game situations. Explaining best methods to attack and defend as a team. Recap key bones, learn the functions of the skeleton.				Reintroduce Runs, Jumps & Throws. Developing knowledge and understand of how to generate power to improve all three. Developing measuring skills. Learn the benefits of exercise of physical health and fitness.				Exploring different ways to throw in striking and fielding games. Applying an effective batting and bowling technique. Applying effective rules and tactics into a modified game situation. Exploring different ways to field and apply tactics effectively in a game. Take part in outdoor and adventurous activities which present intellectual and physical challenges and be encouraged to work in a team, building on trust and developing skills to solve problems, either individually or as a group. Learn the benefits of exercise of physical health and fitness.				
Literacy & reading	Key Terms: Pass, Footwork, Dodge, Shoot, Obstruction, Contact emphasis on correct grammatical use and spelling & Oracy Plenary				Key Terms: Curl, Power, Laces, Accuracy, Pass, Touch, Control, Dribble, Shoot emphasis on correct grammatical use and spelling & Oracy Plenary				Key Terms: Planes, Axis, Flexibility, Pike, Straddle, Tuck, emphasis on correct grammatical use and spelling & Oracy Plenary				Keywords: Attack, Defend, Tactics, Positioning, Tackle correct grammatical use and spelling & Oracy Plenary				Keywords: Power, Strength, Throw, Sling, Push, Pull, Reaction time, pacing, accelerate, stamina, speed emphasis on correct grammatical use and spelling & Oracy Plenary				Keywords: Long barrier, batsman, caught out, bases, bowling, fielding, batting. Pull emphasis on correct grammatical use and spelling & Oracy Plenary				
Differentiation for MA & LA	MA: Apply basic rules in mini games independently LA: learn specific terminology and basic rules				MA: Apply basic rules in mini games independently LA: learn specific terminology and basic rules				LA: Able to practice basic shapes and movements in isolation MA: Can link complex shapes and routines together to create a performance.				MA: Apply basic rules in mini games independently LA: learn specific terminology and basic rules				MA: Apply basic rules in competitive scenarios LA: learn specific terminology and basic rules				MA: Apply basic rules in mini games independently LA: learn specific terminology and basic rules				
Enrichment & cultural refs	Extra-curricular clubs. England Netball - Commonwealth winners 2019, World cup finalists 2023. England Thorns Men's team (Men's game improving).				Extra-curricular clubs. England Women's Euro Cup win 2022, World Cup finalists 2023.				Links to external clubs				Links to external clubs - additional studies option.				Opportunity to take part in extra-curricular clubs and Running clubs externally.				Opportunity to take part in extra-curricular clubs. DoE at KS4.				
British Vals & SMSC	Rule of law - learning about the specific rules associated with Netball and team sports.				Mutual Respect and tolerance - differing abilities opportunity to develop leadership to improve others outcomes.				Individual Liberty - Creating routines tailored to your own level.				Mutual Respect and tolerance - differing abilities opportunity to develop leadership to improve others outcomes.				Individual Liberty - improving your personal bests.				Mutual Respect and tolerance - demonstrated in house competitions.				
Personal Devt	Opportunities for training and matches at KS3 Netball club				Opportunities for training and matches at Football Clubs				Develop confidence in performing a routine in front of an audience.				Discovery or interests and talents.				Improve confidence and resilience (performance skills) and Discovery of interests and talents.				Improve confidence and resilience (performance skills) and Discovery of interests and talents.				
Careers	Athlete, Coach, Referee, Sports Analyst, Physiotherapist, Sports Development officer, PE teacher.				Athlete, Coach, Referee, Sports Analyst, Physiotherapist, Sp				Athlete, Coach, Referee, Sports Analyst, Physiotherapist, Sports Development				Athlete, Coach, Referee, Sports Analyst, Physiotherapist, Sports Development				Athlete, Coach, Referee, Sports Analyst, Physiotherapist, Sports Development				Athlete, Coach, Referee, Sports Analyst, Physiotherapist, Sports Development				

	Term	Aut 1 or 2	Unit	14	Term	Aut 1 or 2	Unit	#	Term	Spr 1 or 2	Unit	16	Term	Spr 1 or 2	Unit	17	Term	Sum 1	Unit	18	Term	Sum 2	Unit	19	Assessment
Unit Title	Netball				Football				Gymnastics				Rugby				Athletics				Options				Understanding of Components of Fitness and connections to Sports and Physical Activities. Identification of key muscle groups and bones. Understanding of Health, Fitness and Wellbeing. Rules and regulations of activities taught.
Sequencing: knowledge & skills	Evaluating and justifying the correct application of skills of sending and receiving the ball using a range of passes, footwork, dodging and shooting. Encouraging students to perform key Netball skills in isolation, conditioned practices and game situations and reviewing others performance. Embedding the use of tactical awareness of selecting and applying the best pass & dodge to use in different situations. Introducing more advanced rules & positional knowledge of netball. Linking sports and physical activities to the required components of fitness.				Identifying the correct application of skills of dribbling and moving with the ball under control. Developing the understanding of how to dribble against a defender. Developing skill level regarding control/receiving using various parts of the body. Encouraging student decision making - passes and right options to keep possession in small sided games. Developing skill level in tackling. Developing defensive strategies and tactics in teams. Developing skill level in shooting. Evaluating and justifying sports and physical activities and the required components of fitness.				Introduce more complex gymnastics skills (transfer or weight, locomotion, rotation and jumps, key choreographic skills through creating a 1 minute group routine). Optional vaulting lesson. Learn the movements that occur at joints.				Develop tactical awareness 'the principle of Go Forward'. Develop students awareness by encouraging them to 'offload' the ball after the first touch. Students will demonstrate an understanding of onside by starting in the correct positions from a restart. Students can recognise the offside line after a tackle is completed. Deepen understanding of rules of Rugby. Understand aerobic and anaerobic exercise and learn the short and long term effects of exercise.				Explain the different demands of various events; demonstrate good technique in chosen events; plan appropriate warm ups and stretches for the events; design and implement basic training programmes for specific events; adapt their approaches to events as they identify priorities for improvement; Use initiative to take corrective action. Learn the benefits of exercise on mental and social health.				Students will begin to take ownership in decision making (what activities are best for my physical, social and mental wellbeing). Students will begin to understand leadership qualities required to host competitions and begin to apply these in lessons. Learn the benefits of exercise on mental and social health. Options - Trampolining, Table Tennis, Fitness & Football				
Literacy & reading	Key Terms: Pass, Footwork, Dodge, Shoot, Obstruction, Contact emphasis on correct grammatical use and spelling & Oracy Plenary				Key Terms: Curl, Power, Laces, Accuracy, Pass, Touch, Control, Dribble, Shoot emphasis on correct grammatical use and spelling & Oracy Plenary				Key Terms: Planes, Axis, Flexibility, Pike, Straddle, Tuck, emphasis on correct grammatical use and spelling & Oracy Plenary				Keywords: Attack, Defend, Tactics, Positioning, Tackle correct grammatical use and spelling & Oracy Plenary				Keywords: Power, Strength, Throw, Sling, Push, Pull, Reaction time, pacing, accelerate, stamina, speed emphasis on correct grammatical use and spelling & Oracy Plenary				Keywords: Ownership, Wellbeing, Leadership, Culture emphasis on correct grammatical use and spelling & Oracy Plenary				
Differentiation for MA & LA	MA: Apply basic rules in mini games independently LA: learn specific terminology and basic rules				MA: Apply basic rules in mini games independently LA: learn specific terminology and basic rules				LA: Able to practice basic shapes and movements in isolation MA: Can link complex shapes and routines together to create a performance.				MA: Apply basic rules in mini games independently LA: learn specific terminology and basic rules				MA: Apply basic rules in competitive scenarios LA: learn specific terminology and basic rules								
Enrichment & cultural refs	Extra-curricular clubs. England Netball - Commonwealth winners 2019, World cup finalists 2023. England Thorns Men's team (Men's game improving).				Extra-curricular clubs. England Women's Euro Cup win 2022, World Cup finalists 2023.				Links to external clubs				Links to external clubs - additional studies option.				Opportunity to take part in extra-curricular clubs and Running clubs externally.				Opportunity to take part in extra-curricular clubs and student voice.				
British Vals & SMSC	Rule of law - learning about the specific rules associated with Netball and team sports.				Mutual Respect and tolerance - differing abilities opportunity to develop leadership to improve others outcomes.				Individual Liberty - Creating routines tailored to your own level.				Mutual Respect and tolerance - differing abilities opportunity to develop leadership to improve others outcomes.				Individual Liberty - improving your personal bests.				Individual Liberty - selecting choice thats personal to you.				
Personal Devt	Opportunities for training and matches at KS3 Netball club				Opportunities for training and matches at Football Clubs				Develop confidence in performing a routine in front of an audience.				Discovery or interests and talents.				Improve confidence and resilience (performance skills)				Develop ownership, discover preferences.				
Careers	Athlete, Coach, Referee, Sports Analyst, Physiotherapist, Sports Development officer, PE teacher.				Athlete, Coach, Referee, Sports Analyst, Physiotherapist, Sp				Athlete, Coach, Referee, Sports Analyst, Physiotherapist, Sports Development				Athlete, Coach, Referee, Sports Analyst, Physiotherapist, Sports Development				Athlete, Coach, Referee, Sports Analyst, Physiotherapist, Sports Development				Athlete, Coach, Referee, Sports Analyst, Physiotherapist, Sports Development				

Year 9	Careers	Athlete, Coach, Referee, Sports Analyst, Physiotherapist, Sports Development officer, PE teacher.	Athlete, Coach, Referee, Sports Analyst, Physiotherapist, Sports Development officer, PE teacher.	Athlete, Coach, Referee, Sports Analyst, Physiotherapist, Sports Development officer, PE teacher.	Athlete, Coach, Referee, Sports Analyst, Physiotherapist, Sports Development officer, PE teacher.	Athlete, Coach, Referee, Sports Analyst, Physiotherapist, Sports Development officer, PE teacher.	Athlete, Coach, Referee, Sports Analyst, Physiotherapist, Sports Development officer, PE teacher.
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ALL KS4 CORE SPORTS ON ROTATION

Year 10/11	Unit Title	Term	Unit	#	Term	Unit	22	Term	Unit	23	Term	Unit	24	Term	Unit	25	Assesment	
		Curriculum/Syllabus Coverage		Curriculum/Syllabus Coverage		Curriculum/Syllabus Coverage		Curriculum/Syllabus Coverage		Curriculum/Syllabus Coverage		Curriculum/Syllabus Coverage		Curriculum/Syllabus Coverage				
		Options			Football			Rugby			Netball			Fitness			Rounders	
	Sequencing: knowledge & skills	Students will begin to take ownership in decision making (what activities are best for my physical, social and mental wellbeing). Students will begin to understand leadership qualities required to host competitions and begin to apply these in lessons. -			*Key concepts: • Possession and attack development • Replication of advanced skills • Understanding of set plays and ways to create scoring opportunities • Understanding the game – Students are taught a wider understanding of this sport in more depth over a longer period of time. •Tactical Development - Students develop how to select and apply appropriate tactics and strategies and apply these to the sport or situation they are in. •Analytical ability – to allow students to analyse and evaluate strengths and areas for improvement in themselves and others, offering effective advice to improve performance.			Key concepts: • Develop possession and attack as a team • Understanding of set plays, ways to create scoring opportunities and implementation of rules • Understanding the game – Students are taught a wider understanding of this sport in more depth over a longer period of time. •Tactical Development - Students develop how to select and apply appropriate tactics and strategies and apply these to the sport or situation they are in. •Analytical ability – to allow students to analyse and evaluate strengths and areas for improvement in themselves and others, offering effective advice to improve performance.			Key concepts: • Possession and attack development • Replication of advanced skills • Understanding of set plays and ways to create scoring opportunities • Understanding the game – Students are taught a wider understanding of this sport in more depth over a longer period of time. •Tactical Development - Students develop how to select and apply appropriate tactics and strategies and apply these to the sport or situation they are in. •Analytical ability – to allow students to analyse and evaluate strengths and areas for improvement in themselves and others, offering effective advice to improve performance.			Key concepts: • Replication of movements to challenge physical limits. • Development of leadership and communication skills • Developing Reflective learners/Creative thinkers •Physical development - Students will be challenged to create a fitness program and develop an aspect of their physical fitness over the term. •Effective communication – students are taught how to communicate effectively with one another, using full sentences and offering meaningful feedback •Analytical ability – to allow students to analyse and evaluate strengths and areas for improvement in themselves and others, offering effective advice to improve performance.			Key concepts: • Develop tactical play • Replication of more advanced core skills • Outwitting Opponents in a competitive game situation • Understanding the game – Students are taught a wider understanding of this sport in more depth over a longer period of time. •Tactical Development - Students develop how to select and apply appropriate tactics and strategies and apply these to the sport or situation they are in. •Analytical ability – to allow students to analyse and evaluate strengths and areas for improvement in themselves and others, offering effective advice to improve performance.	
	Literacy & reading	Keywords: Ownership, Wellbeing, Leadership, Culture emphasis on correct grammatical use and spelling & Oracy Plenary			Literacy – using correct language & terminology, answering in full sentences, using challenging vocabulary, reading rulebooks and articles about the sport.			Literacy – using correct language & terminology, answering in full sentences, using challenging vocabulary, reading rulebooks and articles about the sport.			Literacy – using correct language & terminology, answering in full sentences, using challenging vocabulary, reading rulebooks and articles about the sport.			Literacy – using correct language & terminology, answering in full sentences, using challenging vocabulary, reading rulebooks and articles about the sport.			Literacy – using correct language & terminology, answering in full sentences, using challenging vocabulary, reading rulebooks and articles about the sport.	
	Differentiation for MA & LA	LA - Appropriate scaffolding used when learning new skills, pairing up with more able students. MA - Take on leadership roles within the lesson, use for demonstrations of good practice, challenged to perform skills in demanding game situations.			LA - Appropriate scaffolding used when learning new skills, pairing up with more able students. MA - Take on leadership roles within the lesson, use for demonstrations of good practice, challenged to perform skills in demanding game situations.			LA - Appropriate scaffolding used when learning new skills, pairing up with more able students. MA - Take on leadership roles within the lesson, use for demonstrations of good practice, challenged to perform skills in demanding game situations.			LA - Appropriate scaffolding used when learning new skills, pairing up with more able students. MA - Take on leadership roles within the lesson, use for demonstrations of good practice, challenged to perform skills in demanding game situations.			LA - Appropriate scaffolding used when introducing new exercises and techniques. Support cards to be used with weaker student to ensure they are performing safe technique. MA - Take on leadership roles within the lesson, provide support to weaker students with detailed feedback			LA - Appropriate scaffolding used when learning new skills, pairing up with more able students. Encourage the use of coaching cards to support understanding of rule and skills. MA - Take on leadership roles within the lesson, use for demonstrations of good practice, challenged to perform skills in demanding game situations.	
	Enrichment & cultural refs	Opportunity to take part in extra-curricular clubs and student voice.			After-school clubs, either competitively or socially. Staff to encourage pupils to join clubs in the community and/or use local facilities. Sports day, house competitions, JSLA sports leaders award, fixtures, tournaments,			After-school clubs, either competitively or socially. Staff to encourage pupils to join clubs in the community and/or use local facilities. Sports day, house competitions, JSLA sports leaders award, fixtures, tournaments,			After-school clubs, either competitively or socially. Staff to encourage pupils to join clubs in the community and/or use local facilities. Sports day, house competitions, JSLA sports leaders award, fixtures, tournaments,			After-school clubs, either competitively or socially. Staff to encourage pupils to join clubs in the community and/or use local facilities. Sports day, house competitions, JSLA sports leaders award, fixtures, tournaments,			After-school clubs, either competitively or socially. Staff to encourage pupils to join clubs in the community and/or use local facilities. Sports day, house competitions, Duke of Edinburgh, fixtures, tournaments,	
	British Vats & SMSC	Individual Liberty - selecting choice thats personal to you.			Communication Speaking and Listening Pupils respect and value the contribution of others. Cooperation & Working together Pupils can express their individual opinion without fear. Abiding by rules and applying them			Communication Speaking and Listening Pupils respect and value the contribution of others. Cooperation & Working together Pupils can express their individual opinion without fear. Abiding by rules and applying them			Communication Speaking and Listening Pupils respect and value the contribution of others. Cooperation & Working together Pupils can express their individual opinion without fear. Abiding by rules and applying them			Communication Speaking and Listening Pupils respect and value the contribution of others. Cooperation & Working together Pupils can express their individual opinion without fear. Abiding by rules and applying them			Communication Speaking and Listening Pupils respect and value the contribution of others. Cooperation & Working together Pupils can express their individual opinion without fear. Abiding by rules and applying them	
	Personal Devt	Develop ownership, discover preferences.			Respect, responsibility, independence teamwork,honesty,confidence, resilience.			Respect, responsibility, independence teamwork,honesty,confidence, resilience.			Respect, responsibility, independence teamwork,honesty,confidence, resilience.			Respect, responsibility, independence teamwork,honesty,confidence, resilience.			Respect, responsibility, independence teamwork,honesty,confidence, resilience.	
Year 10/11	Careers	Athlete, Coach, Referee, Sports Analyst, Physiotherapist, Sports			Athlete, Coach, Referee, Sports Analyst, Physiotherapist,			Athlete, Coach, Referee, Sports Analyst, Physiotherapist, Sports			Athlete, Coach, Referee, Sports Analyst, Physiotherapist, Sports			Athlete, Coach, Referee, Sports Analyst, Physiotherapist, Sports			Athlete, Coach, Referee, Sports Analyst, Physiotherapist, Sports	

Year 10/11	Unit Title	Term	Unit	#	Term	Unit	28	Term	Unit	29	Term	Unit	30	Term	Unit	31	Assesment	
		Curriculum/Syllabus Coverage		Curriculum/Syllabus Coverage		Curriculum/Syllabus Coverage		Curriculum/Syllabus Coverage		Curriculum/Syllabus Coverage		Curriculum/Syllabus Coverage		Curriculum/Syllabus Coverage				
		Badminton			Table-Tennis			Volleyball			Handball			Trampolineing			Team Games (Dodgeball/Benchball)	
	Sequencing: knowledge & skills	Key concepts: • Develop tactical play • Replication of more advanced core skills • Outwitting Opponents in a competitive game situation • Understanding the game – Students are taught a wider understanding of this sport in more depth over a longer period of time. •Tactical Development - Students develop how to select and apply appropriate tactics and strategies and apply these to the sport or situation they are in. •Analytical ability – to allow students to analyse and evaluate strengths and areas for improvement in themselves and others, offering effective advice to improve performance.			Key concepts: • Develop tactical play • Replication of more advanced core skills • Outwitting Opponents in a competitive game situation • Understanding the game – Students are taught a wider understanding of this sport in more depth over a longer period of time. •Tactical Development - Students develop how to select and apply appropriate tactics and strategies and apply these to the sport or situation they are in. •Analytical ability – to allow students to analyse and evaluate strengths and areas for improvement in themselves and others, offering effective advice to improve performance.			Key concepts: • Develop possession and attack as a team • Understanding of set plays, ways to create scoring opportunities and implementation of rules • Understanding the game – Students are taught a wider understanding of this sport in more depth over a longer period of time. •Tactical Development - Students develop how to select and apply appropriate tactics and strategies and apply these to the sport or situation they are in. •Analytical ability – to allow students to analyse and evaluate strengths and areas for improvement in themselves and others, offering effective advice to improve performance.			Key concepts: • Develop possession and attack as a team • Understanding of set plays, ways to create scoring opportunities and implementation of rules • Understanding the game – Students are taught a wider understanding of this sport in more depth over a longer period of time. •Tactical Development - Students develop how to select and apply appropriate tactics and strategies and apply these to the sport or situation they are in. •Analytical ability – to allow students to analyse and evaluate strengths and areas for improvement in themselves and others, offering effective advice to improve performance.			Key concepts: • Develop core skills • Replication of more advanced core skills • Creating routines and participate in competition. • Understanding the activity – Students are taught a wider understanding of this sport in more depth over a longer period of time. •Analytical ability – to allow students to analyse and evaluate strengths and areas for improvement in themselves and others, offering effective advice to improve performance.			Key concepts: • Develop possession and attack as a team • Understanding of set plays, ways to create scoring opportunities and implementation of rules • Understanding the game – Students are taught a wider understanding of this sport in more depth over a longer period of time. •Tactical Development - Students develop how to select and apply appropriate tactics and strategies and apply these to the sport or situation they are in. •Analytical ability – to allow students to analyse and evaluate strengths and areas for improvement in themselves and others, offering effective advice to improve performance.	
	Literacy & reading	Literacy – using correct language & terminology, answering in full sentences, using challenging vocabulary, reading rulebooks and articles about the sport.			Literacy – using correct language & terminology, answering in full sentences, using challenging vocabulary, reading rulebooks and articles about the sport.			Literacy – using correct language & terminology, answering in full sentences, using challenging vocabulary, reading rulebooks and articles about the sport.			Literacy – using correct language & terminology, answering in full sentences, using challenging vocabulary, reading rulebooks and articles about the sport.			Literacy – using correct language & terminology, answering in full sentences, using challenging vocabulary, reading rulebooks and articles about the sport.			Literacy – using correct language & terminology, answering in full sentences, using challenging vocabulary, reading rulebooks and articles about the sport.	
	Differentiation for MA & LA	LA - Appropriate scaffolding used when learning new skills, pairing up with more able students. MA - Take on leadership roles within the lesson, use for demonstrations of good practice, challenged to perform skills in demanding game situations.			LA - Appropriate scaffolding used when learning new skills, pairing up with more able students. MA - Take on leadership roles within the lesson, use for demonstrations of good practice, challenged to perform skills in demanding game situations.			LA - Appropriate scaffolding used when learning new skills, pairing up with more able students. MA - Take on leadership roles within the lesson, use for demonstrations of good practice, challenged to perform skills in demanding game situations.			LA - Appropriate scaffolding used when learning new skills, pairing up with more able students. MA - Take on leadership roles within the lesson, use for demonstrations of good practice, challenged to perform skills in demanding game situations.			LA - Appropriate scaffolding used when learning new skills, pairing up with more able students. MA - Take on leadership roles within the lesson, use for demonstrations of good practice, challenged to perform skills in demanding game situations.			LA - Appropriate scaffolding used when learning new skills, pairing up with more able students. MA - Take on leadership roles within the lesson, use for demonstrations of good practice, challenged to perform skills in demanding game situations.	
	Enrichment & cultural refs	After-school clubs, either competitively or socially. Staff to encourage pupils to join clubs in the community and/or use local facilities. Sports day, house competitions, JSLA sports leaders award, fixtures, tournaments,			After-school clubs, either competitively or socially. Staff to encourage pupils to join clubs in the community and/or use local facilities. Sports day, house competitions, JSLA sports leaders award, fixtures, tournaments,			After-school clubs, either competitively or socially. Staff to encourage pupils to join clubs in the community and/or use local facilities. Sports day, house competitions, JSLA sports leaders award, fixtures, tournaments,			After-school clubs, either competitively or socially. Staff to encourage pupils to join clubs in the community and/or use local facilities. Sports day, house competitions, JSLA sports leaders award, fixtures, tournaments,			After-school clubs, either competitively or socially. Staff to encourage pupils to join clubs in the community and/or use local facilities. Sports day, house competitions, JSLA sports leaders award, fixtures, tournaments,			After-school clubs, either competitively or socially. Staff to encourage pupils to join clubs in the community and/or use local facilities. Sports day, house competitions, JSLA sports leaders award, fixtures, tournaments,	
	British Vats & SMSC	Communication Speaking and Listening Pupils respect and value the contribution of others. Cooperation & Working together Pupils can express their individual opinion without fear. Abiding by rules and applying them			Communication Speaking and Listening Pupils respect and value the contribution of others. Cooperation & Working together Pupils can express their individual opinion without fear. Abiding by rules and applying them			Communication Speaking and Listening Pupils respect and value the contribution of others. Cooperation & Working together Pupils can express their individual opinion without fear. Abiding by rules and applying them			Communication Speaking and Listening Pupils respect and value the contribution of others. Cooperation & Working together Pupils can express their individual opinion without fear. Abiding by rules and applying them			Communication Speaking and Listening Pupils respect and value the contribution of others. Cooperation & Working together Pupils can express their individual opinion without fear. Abiding by rules and applying them			Communication Speaking and Listening Pupils respect and value the contribution of others. Cooperation & Working together Pupils can express their individual opinion without fear. Abiding by rules and applying them	
	Personal Devt	Respect, responsibility, independence			Respect, responsibility, independence			Respect, responsibility, independence teamwork,honesty,confidence,			Respect, responsibility, independence teamwork,honesty,confidence,			Respect, responsibility, independence teamwork,honesty,confidence,			Respect, responsibility, independence teamwork,honesty,confidence,	
Year 10/11	Careers	Athlete, Coach, Referee, Sports Analyst, Physiotherapist, Sports			Athlete, Coach, Referee, Sports Analyst, Physiotherapist,			Athlete, Coach, Referee, Sports Analyst, Physiotherapist, Sports			Athlete, Coach, Referee, Sports Analyst, Physiotherapist, Sports			Athlete, Coach, Referee, Sports Analyst, Physiotherapist, Sports			Athlete, Coach, Referee, Sports Analyst, Physiotherapist, Sports	

ALL KS5 CORE SPORTS ON ROTATION

Year 10/11	Unit Title	Term	Unit	32
		Curriculum/Syllabus Coverage		
		Options		
	Sequencing: knowledge & skills	Negotiation of activities which suit group and space. Independently led lessons students continue to improve leadership and physical skill level. Teacher becomes a guide/facilitator.		
	Literacy & reading			

Year 12 & 13	Differentiation for MA & LA	
	Enrichment & cultural refs	
	British Vals & SMSC	
	Personal Devt	
	Careers	